



# Bible Object Lesson



**from Godly Pearls**

Making Jesus Christ known, one story at a time.



## A NOTE TO CHRISTIAN EDUCATORS:

Thank you for downloading this Bible Object Lesson.

The first page contains different sections to help you when planning for your class, for example, Home-school, Sunday School, Bible Study, Bible Club, Mission class, etc.

We suggest that you print pages 2 - 5 and distribute them to your students.



### TOPIC:

How do I look on the inside?



### OBJECT:

A mirror



### What to do:

Show the children a mirror.

Ask a question: Look in the mirror. Tell me, what can you see? (Ask different students to describe what they can see in the mirror). Now, ask them to point the mirror towards their chest to see if they could see inside their hearts.



### Read the Bible References:

The Bible references can be read by different children if possible. Or the teacher can read them.



### Goal of Lesson:

To explain that the word of God can help tell how a heart looks on the inside



### Lesson Takeaway:

The word of God – the bible – is like a mirror; it tells us how our hearts look on the inside. The blood of Jesus can wash the dirt away from a dirty heart and make it become a clean heart.



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Date:



Object:

A mirror



Topic:

HOW DO I LOOK ON THE  
INSIDE?



Bible References:

Mark 7:1-7, 21-23

James 1:22-25



Notes

When you looked in the mirror, you saw your beautiful faces, looking back at you. If you smiled while looking in the mirror, you saw your face smiling. If you frowned, you saw your face frowning in the mirror. That's because the mirror shows you exactly how you look on the outside.

But how can you see how you look on the inside? Remember when I asked you to look at your heart. Did you see anything? Well, the mirror cannot see the heart. But a radiographer can use an x-ray to check how your heart looks. The heart I am talking about here is the heart in your chest that beats and pumps blood throughout your body.



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## Notes continued:

Now, I will be telling you about a different kind of heart. The bible talks a lot about this heart. This heart is where our emotions, feelings and thoughts come from. That is, what we like, what we don't like, how we feel, what we care about, what we think, where we make decisions and so on (see Luke 5:22; Daniel 1:8; Proverbs 4:23). You cannot see this heart with your eyes or any x-ray.

But God can see this heart. In Jeremiah 17:10, the bible says, "I, the LORD, search the heart, I test the mind, even to give every man according to his ways, according to the fruit of his doings.

Do you know you can also know how this heart looks on the inside? Yes! But how? Let's read the following bible verses first: James 1:23-25; Proverbs 27:19 and Hebrews 4:12.

From the bible verses we have just read; we see that the word of God can tell us how our hearts look on the inside.

So, we can say that the word of God is like a mirror that tells us how our hearts look on the inside. When you read the bible, it is like you are looking in a mirror.

The bible tells us about two types of heart. The first is a dirty heart. Let's see how Jesus describes a dirty heart in Mark 7:20-23. "And He said, "What comes out of a man, that defiles a man. For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, thefts, covetousness, wickedness, deceit, lewdness, an evil eye, blasphemy, pride, foolishness. All these evil things come from within and defile a man" (see also Matthew 15:19-20; Galatians 5:19-21).



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## Notes continued:

Everyone was born with a dirty heart. This is why Jesus came to die for our sins so we can have a clean heart. Only the blood of Jesus can wash away the stain of sin from a dirty heart and make it become a clean heart.

“But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness (1 John 1:7-9; see also Ephesians 1:7; Romans 10:10).

Now, let's look at the mirror, the bible, again to see what a clean heart looks like.

The second type of heart is a clean heart. Let's read Galatians 5:22-23. “But the fruit of the Spirit is love, joy, peace, long-suffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law”.

Inside a clean heart, there is love, joy, peace, kindness and so on.

When you read the bible, what kind of heart do you see on the inside? Is it a dirty heart or a clean heart?

Remember, when you look at the mirror in your bathroom, and your face is dirty, you can wash it off. If you look at the mirror - by reading the bible - and you see that your heart is dirty, you can ask Jesus to wash off the dirt with His blood and make your heart clean.



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**Memorize:** Psalm 51:10 - Create in me a clean heart, O God, and renew a steadfast spirit within me.



**Questions:**

- Mention 5 things you can find in a dirty heart.
- Mention 5 things you can find in a clean heart.
- How can a dirty heart become a clean heart?



**Reminder:** The word of God – the bible – is like a mirror; it tells us how our hearts look on the inside. The blood of Jesus can wash the dirt away from a dirty heart and make it become a clean heart.



**Say and repeat:** Only the blood of Jesus can make a dirty heart become a clean heart.



**Let us pray:** Dear God, thank you for sending Jesus to die on the cross for my sins. I want you to please give me a clean heart today in Jesus name, amen.



SCAN ME

Thank you for downloading this resource. Feel free to send us your comments, feedback or questions. We will like to hear from you.

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